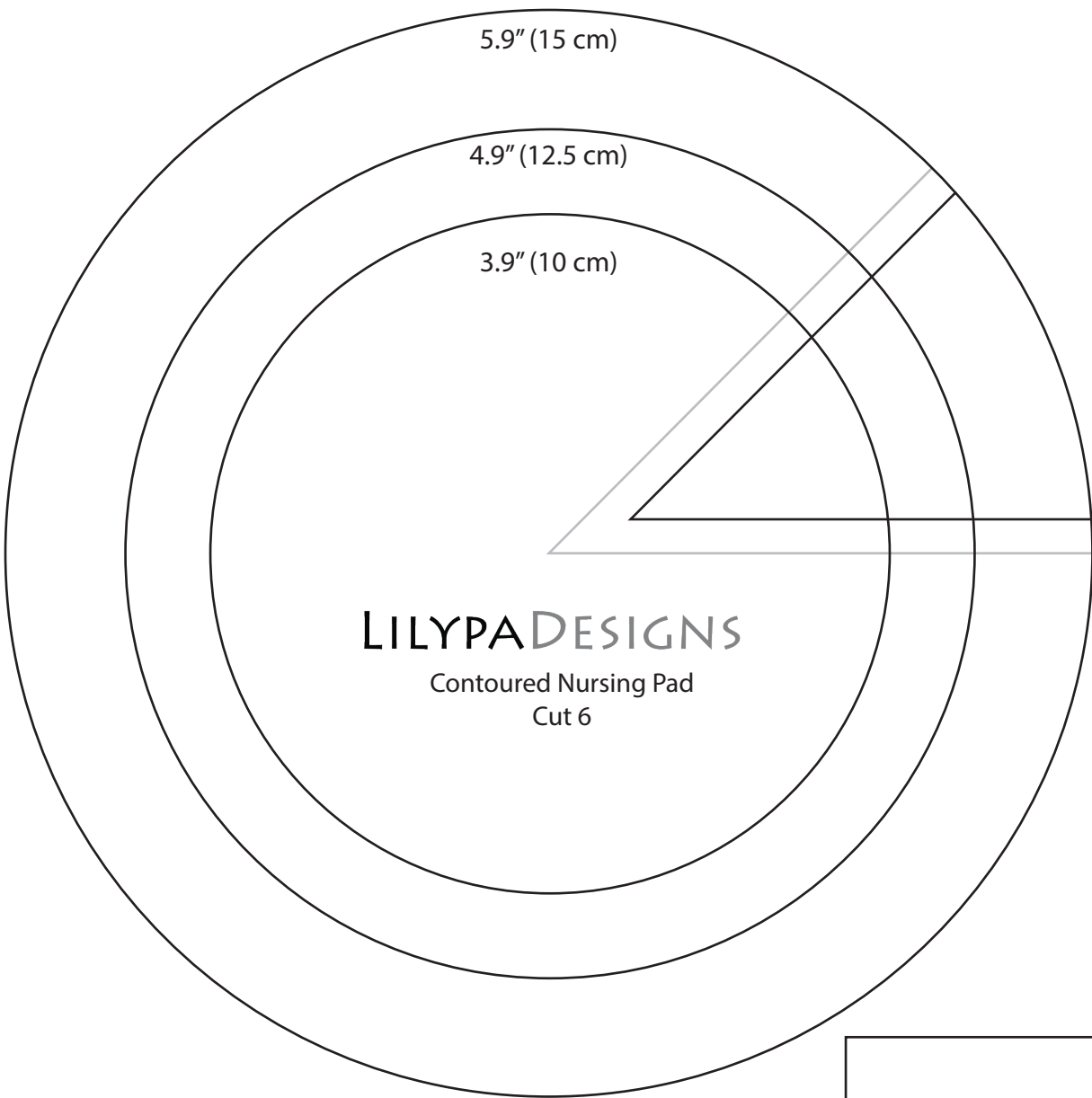


Contoured Nursing Pad



INSTRUCTIONS:

Select diameter size, then trace/cut out fabric.
Trace dart onto each layer then sew dart.
Assemble all layers then overlock the outer edge.

FABRICS:

Use at least 3 layers for each pad.
A thicker absorbant core is ideal but mutiple layers of cotton flannel also works well.
Use breathable absorbant fabrics such as
100% cotton, 100% wool, 50/50 cotton/hemp, 50/50 bamboo/hemp blends.
Terry, French Terry, Fleece, and Flannel weaves work well.
We DO NOT recommend adding a waterproof backing.

Print Square

50mm x 50 mm
2" x 2"